



Phase II study of stereotactic body radiotherapy with hydrogel spacer for prostate cancer: acute toxicity and propensity score-matched comparison

Mami Ogita, Hideomi Yamashita, Yuki Nozawa, Sho Ozaki, Subaru Sawayanagi, Takeshi Ohta and Keiichi Nakagawa

Department of Radiology, The University of Tokyo Hospital, 7-3-1 Hongo, Bunkyo, Tokyo, Japan

Limitations of this report include:

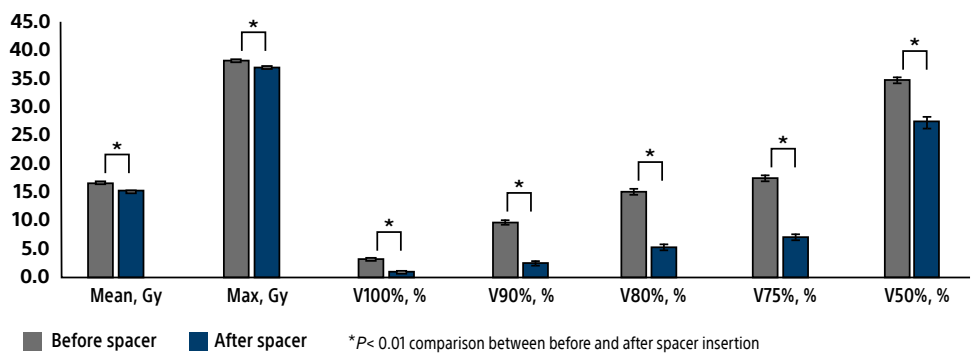
- Relatively small sample size
- Single institutional design
- Short follow-up duration
- As this is a single-arm study, precise comparisons without a spacer could not be made. Therefore, propensity score-matched analysis was conducted using retrospectively collected data from patients who received SBRT without the spacer in the institution. Although unknown confounders cannot be excluded, propensity score-matching can reduce the bias due to its confounding variables.

Safety and efficacy of SBRT in combination with a hydrogel spacer was evaluated in a prospective single-center, single-arm phase II study including 40 patients, all receiving a hydrogel spacer insertion followed by SBRT. Propensity score-matched analyses was used for comparison of patients with hydrogel spacers with those without spacers.

Primary endpoint: Physician-assessed acute gastrointestinal (GI) toxicity within 3 months after SBRT completion

Secondary endpoints: Physician-assessed acute genitourinary (GU) toxicity, patient-reported outcomes evaluated by the EPIC and FACT-P questionnaires, and dosimetric comparison.

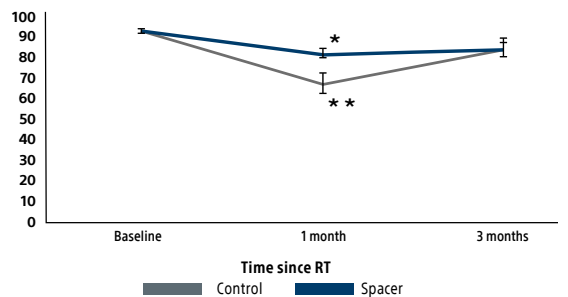
Dosimetric comparison of rectum doses before and after spacer insertion.



“A hydrogel spacer significantly reduced the dose to the rectum.”

“The EPIC bowel summary score was significantly better in the spacer group at 1 month.”

Time course of patient-reported outcomes: EPIC Bowel domain score***



Link to full article: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8199395/pdf/13014_2021_Article_1834.pdf

*P < 0.05 comparison between the spacer group and the control group by T-test. **P < 0.05 comparison between the spacer group and the control group by two-way repeated ANOVA. ***after propensity score matching, EPIC: Expanded Prostate Cancer Index Composite

SBRT was not the method used in the SpaceOAR™ Hydrogel single-blind Phase III trial performed to evaluate dosimetric and clinical effects of SpaceOAR Hydrogel. IG-IMRT delivered at 79.2 Gy in 1.8-Gy fractions was the method used.

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