

A close-up, portrait-oriented photograph of a middle-aged man with short, light-colored hair and glasses. He is smiling warmly, looking slightly off-camera to the right. He is wearing a dark blue zip-up jacket over a purple collared shirt. The background is a bright, out-of-focus outdoor setting, possibly a city street, with a clear blue sky. The lighting is bright and natural, suggesting a sunny day.

## Life after prostate cancer

End your frustration.  
Restore your normalcy.  
Renew your confidence.

Erectile dysfunction and male incontinence

# Welcome

This brochure is designed to help you learn more about recovering bladder control and erectile function after prostate cancer treatment – and discover the right solutions to help you restore your normalcy and feel complete.

*The quotes featured throughout this brochure are from real men who have found satisfying solutions for their incontinence and erectile dysfunction after prostate cancer. Their testimony is based on their own experience, and may not be typical for all patients.*



## Life after prostate cancer

Beating prostate cancer is a patient's top priority. Living with the potential long-term side effects of incontinence and erectile dysfunction can be an ongoing concern.

In order to remove the cancer, the mechanisms in your body that help control urine flow and the ability to get an erection may be damaged.

Most men regain continence and erectile function over time.<sup>1,5</sup> For those who do not fully regain their continence or erectile function, there are options available to restore normalcy.

The good news is that there are  
**treatment options that can help.**



## Fix your incontinence

While men often experience stress urinary incontinence (leaking of urine) immediately following prostate cancer treatment, the leakage usually resolves within weeks or several months.<sup>1</sup> When bladder leakage persists beyond several months, you should consult your doctor. Long-term treatment options include the AdVance™ XP Male Sling System and the AMS 800™ Urinary Control System (AUS).

The AUS has been the **gold standard** treatment for male bladder leakage for **more than 40 years** and **over 180,000** have been implanted worldwide.<sup>2</sup>

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"I never left the house without half a dozen pads. Once I got the AUS, it was fabulous! I consider myself continent now."

– Mike, prostate cancer survivor

**The AdVance™ XP Male Sling System** is a small sling made of soft mesh implanted inside the body to reposition the urethra and provide support to surrounding muscles. This can help to keep the urethra closed, especially when coughing, sneezing and lifting.

SATISFYING RESULTS

**94% would recommend** the AdVance Sling procedure to a friend.<sup>3</sup>



**The AMS 800™ Urinary Control System** is placed inside the body. A saline-filled cuff keeps the urethra closed and a pump in the scrotum allows urination on demand.

SATISFYING RESULTS

**90%** of patients reported satisfaction with their AMS 800 System and would **undergo the procedure again**.<sup>4</sup>



## Find your best ED cure

Erectile dysfunction (ED) is known to be a potential complication following surgical and non-surgical prostate cancer treatments. With nerve-sparing procedures, some men may regain their previous level of erectile function, although it may take up to a year.<sup>5</sup> The journey is different for every man, and some may not recover their ability to have a natural erection. However, it is important to know that there are both short-term and long-term solutions that can be effective in treating ED.

**Know all your options** – there is hope for nearly every man living with ED. You don't have to suffer in silence. Treatment options include oral medications, vacuum devices, suppositories, injections and penile implants. These treatments work differently for different people, and some may be more effective than others for you.

25–75% of men experience ED after prostate cancer treatment.<sup>6</sup>





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92% of patients and 96% of their partners were satisfied with the AMS 700™ Penile Implant<sup>7</sup>



**An AMS 700 Implant** is a unique solution because it allows you to be intimate wherever, whenever and for as long as you want. It lets you be spontaneous again, and is reliable with no medication side effects or ongoing costs. Many patients and partners are highly satisfied with the penile implant. Penile implants have been in clinical use for over 40 years<sup>8</sup> and nearly 500,000 patients have been treated with a Boston Scientific penile implant.<sup>2</sup>



**“The penile implant changed my life in such a way that confidence is abundant.”**

*– Herschel, prostate cancer survivor*

## **Take control and get your life back**

Finding a satisfying treatment for ED and incontinence can be a life-changing event for many men (and their partners) who may have struggled for years with either or both of these conditions; ED or incontinence can impact your self-esteem and affect your most intimate relationships.<sup>9,10</sup>

Incontinence can leave you feeling isolated and embarrassed,<sup>9</sup> and keep you from doing the things you enjoy for fear of accidental leakage. But you don't have to live with it.

The AdVance™ XP Male Sling System is designed to restore bladder control in men with mild to moderate leakage. For more severe, constant leakage, the AUS is the gold standard treatment for restoring bladder control.<sup>2</sup>

**“With a penile implant, you have an erection whenever you need one, for as long as you want. It works the way it's supposed to work. No fuss, no bother.”**

*– Mike, prostate cancer survivor*



Penile implants have been in clinical use for **over 40 years<sup>8</sup>** and **nearly 500,000 patients** have been treated with a Boston Scientific penile implant.<sup>2</sup>

“Prostate cancer surgery left me both incontinent and with ED. After having the AUS surgery, I could go places again and do things socially without risk of embarrassment. Now that I didn’t have the incontinence problem anymore, I was ready to deal with the ED. When I had the penile implant, I felt completely whole again. It has restored my confidence, restored my life.”

– Jerry, prostate cancer survivor

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If you are suffering from persistent ED, a Boston Scientific penile implant may be the satisfying answer you seek. It is entirely contained inside the body, and provides the ability to have an erection whenever you want and for as long as you want.

**The AMS 700™ Penile Implant provides:<sup>2,11</sup>**

- Excellent rigidity
- Natural flaccidity
- Cylinders that expand in length (LGX)
- Cylinders that expand in girth (LGX & CX)

## AdVance™ XP Male Sling System

**Caution:** US Federal law restricts this device to sale by or on the order of a physician.

Your doctor is your best source for information on the risks and benefits of the AdVance™ XP Male Sling System. Talk to your doctor for a complete listing of risks, warnings and important safety information.

The AdVance™ XP Male Sling System is intended for the treatment of male stress urinary incontinence (SUI). Potential risks may include inability to urinate (urinary retention), return to incontinence, infection, erosion, and pain.

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## AMS 800™ Urinary Control System

**Caution:** US Federal law restricts this device to sale by or on the order of a physician.

Your doctor is your best source for information on the risks and benefits of the AMS 800™ Urinary Control System. Talk to your doctor for a complete listing of risks, warnings and important safety information.

The AMS 800™ Urinary Control System is intended for use in the treatment of male stress urinary incontinence (intrinsic sphincter deficiency) following prostate surgery.

Men with diabetes, spinal cord injuries or skin infections may have an increased risk of infection. Some AMS 800 devices contain an antibiotic (InhibiZone™ Antibiotic Surface Treatment). The device may not be suited for patients who are allergic to the antibiotics contained within the device (rifampin, minocycline or other tetracyclines) or have systemic lupus.

Potential risks may include: device malfunction/failure leading to additional surgery, wearing away/loss of tissue (device/tissue erosion), inability to urinate (urinary retention), infection, and pain/soreness.

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## AMS 700™ Series Inflatable Penile Prosthesis

**Caution:** US Federal law restricts this device to sale by or on the order of a physician.

Your doctor is your best source for information on the risks and benefits of the AMS 700™ with MS Pump™ Inflatable Penile Prosthesis. Talk to your doctor for a complete listing of risks, warnings and important safety information.

The AMS 700™ with MS Pump™ Inflatable Penile Prosthesis is intended for use in the treatment of male erectile dysfunction (impotence). Implanting a penile prosthesis will damage or destroy any remaining ability to have a natural erection, as well as make other treatment options impossible.

Men with diabetes, spinal cord injuries or skin infections may have an increased risk of infection. Implantation may result in penile shortening, curvature or scarring. Some AMS 700 devices contain an antibiotic (InhibiZone™ Antibiotic Surface Treatment). The device may not be suited for patients who are allergic to the antibiotics contained within the device (rifampin, minocycline or other tetracyclines) or have systemic lupus.

Potential risks may include: device malfunction/failure leading to additional surgery, device migration potentially leading to exposure through the tissue, wearing away/loss of tissue (device/tissue erosion) infection, unintended-inflation of the device and pain/soreness.

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The logo for ED CURE, featuring the letters 'ED' in a large, bold, white font above the word 'CURE' in a smaller, bold, white font, both set against a dark blue background.

## Take the next step

### Visit [EDCure.org](https://EDCure.org) to:

- Take the online ED quiz and get your customized treatment results
- Find an ED specialist in your area
- Register for free educational seminars to learn more about treatment options
- Hear how real people like you have found their ED cure
- Get common answers to common questions about ED, penile implants and insurance coverage

The logo for FIX INCONTINENCE, featuring the word 'FIX' in a large, bold, white font above the word 'INCONTINENCE' in a smaller, bold, white font, both set against a dark blue background.

### Visit [FixIncontinence.com](https://FixIncontinence.com) to:

- Learn about male stress urinary incontinence and who it affects
- Explore treatment options
- Hear how real people like you restored normalcy in their lives
- Find information for spouses and caregivers
- Find a specialist near you who offers all the treatment options

EDCure.org and FixIncontinence.com are websites sponsored by Boston Scientific.

## Talk to someone who's been there.

Call us at **1-844-433-2873** or email **MHPatientEducation@bsci.com** and we'll connect you with a patient who found a successful treatment for his SUI and/or ED.

The Boston Scientific logo, featuring the words 'Boston Scientific' in a blue, serif font.

Advancing science for life™

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